

Scope of Project/Activity Template

Project Name	Community Connections
Project Organiser	Nira Sotherby Suzanne Osbourne
Project Purpose (Describe the need for the project)	To assist participants to live independently in their local communities while supporting them to find safe spaces and form relationships with trusted local people and businesses.
Background (Provide a description of the history of this project)	<p>Living independently in a community can be difficult for people with disabilities. People living with disabilities should be able to dream big, try new things, rent houses, and live the life they want. Often helpful services are in different locations where public transport is required. There is often little to no encouragement that helps young disabled people to 'live in' and experience what their own communities have to offer.</p> <p>Day to day tasks such as getting a haircut, buying groceries and getting home safely, waiting at bus stops, or buying clothes often can't be done alone due to discrimination, fear and lack of community support. People with disabilities need to be supported to increase their independence and confidence to enable them to create new and trusting relationships with key people and organisations in their local areas.</p>
Objectives (What is to be achieved?)	The aim of the project is to allow the youth to approach their local businesses and be treated with respect and as a normal customer/client but also to feel a connection with the people in their communities.
Stakeholders/participants	
Organisational requirements (Program, curriculum, etc.)	
Approach (How do you intend to carry out and manage the project?)	<ul style="list-style-type: none"> • Hold 9 weekly workshops that includes a walk around the local area. • Each workshop will be located in a different area of the city to correspond to where participants live. • Exercises will be given to participants in between each workshop to increase self-awareness and self-determination.

<p>Milestones and timeframes (Describe the checkpoints and timeline of the project)</p>	<ol style="list-style-type: none"> 1. Living with disabilities in a city – self-awareness, local awareness, sharing spaces 2. Make a hair appointment/make a restaurant reservation 3. Understand my bank account – terminology, online banking 4. Learn a basic weekly budget – where does my money go? 5. Approach a local business to find out information. 6. Create a weekly menu, go shopping and cook a meal 7. Feeling safe in the community 8. Travelling around the city 9. Living with discrimination 10. Socialising/dinner with friends 11. Community support network – police, local business owners, libraries, community groups
<p>Inclusions and deliverables (What needs to be included in the project and what are the boundaries? What will you deliver results based on?)</p>	<p>Results will be based on the individual’s ability to independently navigate their own community for support and everyday living choices and maintain this to meet their own needs.</p> <p>The program needs to include life skills, soft skills and to look at the skills required for possible employment (or volunteer work) such as communication, confidence, meeting and greeting people, respect, personal behaviour etc.</p>
<p>Exclusions (Areas of the theme or program that are not covered in this project)</p>	<ul style="list-style-type: none"> • Personal care • Family relationships • Personal medications or health advice • Very high needs support <p>These should be discussed in pre-program interviews and supports put in place or a decision made on applicants inclusion into the program.</p>
<p>Critical success factors (What factors are critical to success and will not result in failure?)</p>	<ul style="list-style-type: none"> • Know my community supports <ul style="list-style-type: none"> ○ contact details/meet and greet • Know my local safe spaces <ul style="list-style-type: none"> ○ where to go for help ○ understand personal limitations • Understand where my money goes each week <ul style="list-style-type: none"> ○ make responsible choices • Travel to and from sessions independently <ul style="list-style-type: none"> ○ bus, taxi, own car, walk • Understanding how to be healthy <ul style="list-style-type: none"> ○ good food choices ○ meal planning ○ food costs • Understanding how my behaviours affects other people’s reactions to me <ul style="list-style-type: none"> ○ frustrations, anger, lashing out, verbal abuse • Making choices, making plans, following through (self-determination)

<p>Constraints of the project (What restrictions are known?)</p>	<p>All businesses and organization MUST be contacted and agree to the program participants interacting with them during their workshops. Health and safety must be at the forefront of every activity. Activities will be inclusive to all participants</p>
<p>Project links (Links to other projects previous or future, relationships or key dependencies)</p>	<p>Follow up with individual Supported Living Facilitators to share the successes of the participants (their clients) and ensure the program participants are supported to continue their independence and new experiences. Possible reunion in 6 months with a new workshop series built around increased responsibilities – yet to be outlined and developed.</p>
<p>Risks (Internal, external, organizational, environmental, or technical)</p>	<ol style="list-style-type: none"> 1. Health and safety 2. Transport – external 3. Contacts – mobile phone coverage and individual plans 4. Ability to use technology – phones, transport cards, kiosks
<p>Sign off Supervisor Manager</p>	
<p>Notes (Comments, notes or further instructions from supervisor or manager)</p>	

Document control: (Ensure all changes are noted and dated here. Do not make another copy of this document)

Version #	Change description	Date	Author